



NURSING HOME MENTAL HEALTH

The number of individuals with serious mental illness who reside in nursing homes now equals the number of individuals in all psychiatric facilities across the United States. According to a recent survey by the National Opinion Research Center, as many as 85% of nursing home residents have some kind of mental or behavioral health diagnosis. Despite nursing homes playing a critical role in providing mental health care to patients, access to psychiatric care is ranked lowest in terms of specialty accessibility. In fact, psychiatrists are the least likely specialist to accept Medicare, making federally mandated mental health care difficult for facilities to secure.

FINDING SOLUTIONS

At Ascent Healthcare, we understand the complexities of delivering behavioral health services in both short and long-term care settings. That's why we're introducing Ascent Healthcare Behavioral Wellness. Instead of prescribing a one-size-fits-all solution, we are committed to collaborating with facilities to identify what truly adds value in their unique context.

HOW WE CAN HELP

- **Staff training opportunities**
Empower your team to provide person-centered care to those with mental health challenges.
- **Psychotropic meeting participation**
Access a psychiatric prescriber's experience with psychotropic medications, diagnostic justification, and treatment plan development.
- **Individual psychiatric treatment**
Ongoing management of residents with mental illness or behavioral challenges, and guidance for complex medical scenarios due to emergent behavioral problems.

AT A GLANCE

- The prevalence of residents with serious mental illness residing in nursing homes is on the rise.
- Ascent Healthcare Behavioral Wellness collaborates with facilities to develop solutions to resident mental health challenges.
- From medication management to staff training, we offer innovative and compassionate opportunities for residents to thrive.

Let's Connect

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